

STRENGTH, FLEXIBILITY, CONDITIONING .

# Tumbling

## Class Descriptions

**\*SKILLS BASED ON PROGRESSION**

**\*SAFE AND FUN**

**\*STRUCTURE AND DISCIPLINE**

**\*DEVELOP HIS OR HER POTENTIAL**

**PHYSICALLY AND SOCIALLY**

Register at Parent Central

Services:

Schofield- 808-655-5314

AMR- 808-833-5393

SKIES Office- 808-655-9818

Cost \$55.00 a month

(4 sessions a month)

Ages: 18M- 18 years

Registration deadline by the 30th of the  
month prior.

### UNIFORM:

Girls:

Gym Leotard of your choice

Boys:

Athletic shorts, white T-shirt

Questions?

Instructor—Di Rodin

Phone: 808-479-3273

E-mail: DiRodin@hawaii.rr.com



### **SCHOFIELD SKIES STUDIO**

241 Hewitt Street, bldg 1283  
Schofield Barracks HI 96857

Thursday 12:15 18M-3 years (Parent assisted)  
Thursday 1:00 4-6 years  
Saturday 4:00 4-6 years  
Saturday 5:00 7-18 years level 1  
Saturday 6:00 7-18 years level 2

### **Aliamanu Military Reservation**

154 Kauhini Road  
Honolulu, HI 96816

Thursday 12:00 18M-3 years  
(Parent Assisted)  
Thursday 12:45 4-6 years  
Saturday 12:00 4-6 years  
Saturday 1:00 7-18 years